

A *milagro*, in Spanish, is a miracle or a surprise. It is also the name for small amulets or charms that have been used for centuries to petition better health, guidance, protection and good fortune. Also called ex-voto or *promesas*, the use of these small religious folk charms originated in Spain and Portugal and was brought to the Americas by Spaniards centuries ago. A petitioner prays for a miracle or *milagro* to address a particular need and leaves their petition/prayer in a place that is meaningful to them or in a chapel or church.

Milagros can be fabricated from many different types of materials. For example, they might be nearly flat or fully three-dimensional; and they can be constructed from gold, silver, tin, lead, wood, bone, or wax. Sometimes people carry a milagro in their pocket or on a ribbon around their neck for protection or good luck.

This art activity using the tradition of the *milagros* will create a vehicle for young people to express their wishes and dreams for the future. We will use cards to write each child's wish or dream, their *milagrito*. The cards can be cut into different shapes like a heart, or a house, or a cloud, or a variety of different things as inspired by the child's milagro and decorated using special things you have on hand and illustrated by the children.

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How to Make the Milagritos

- 1. Explain what a *milagro* is and show pictures of traditional milagros. Explain that their *milagrito* can be whatever their dream or wish is and help them verbalize and write it. Young children might need help writing their wish.
- 2. Help the children decide on the shape they want to use, Older students can cut whatever shape they want. It can also remain a square or rectangle. If you have access to a school or teacher workroom, you might also use a die cut machine to make different shapes.
- Guide the child to write the dream/wish on the card. They can add their first name, age, school, and city or state if they want. (No last names)
- 4. They can illustrate and decorate the card using glitter, ribbons, stickers, photos, or whatever is available to express their creativity.
- 5. Punch a hole in to top of the *milagro* and attach yarn or ribbon to tie it onto the display.
- 6. If you cannot hang your milagros on the display, take a photo and email it to: info@somosculturaymas.org



- Card Stock or index cards
- Scissors
- Glue
- Hole puncher
- Markers
- Crayons
- Paint
- Glitter

- Buttons
- Feathers
- Fabric
- Stickers or other ephemera
- Magazine photos
- Family photos
- Yarn or ribbon